



[okfg' k

bl okf''kzd i f=dk dsfgUnh foHkkx dk l a knu dj useageacgr [kd kh gpzgsVks] cgr dN
 l h[kusdksHkh feyk gB fgUnh gekj h j k''VHkk''kk gSvks] bl ukrsgekj k ; g nkf; Ro curk gSdg
 ge bl ds; ksxnku eal gk; d cuA ^[okfg' k* dsNnksdsek/; e l sgeusfgUnh Hkk''kk dks
 vki dsfny rd i gpkusdk , d Nk/k l k i z kl fd; k gB bl foHkkx dsl a knu eadkQh l kj s
 ykxkadk l g; ks vks] mudh egur Nq h gB geust Hkh dh i frHkk vks] i z Ru dks, d i f=dk
 ds: i eafi j kdj vki dsl keusj [kusdk i z kl fd; k gSvks] mEehn dj rsgSfd vki dks; g
 i l n vk; xk vks] vki bl dk Hkj i j vkuIn mBk l dæA

[okfg' kka dsi kj n' kzd dkry dks
 [okckadsi kuh l sHkj fn; k
 mEehn dk , d gj k i Rrk tM+fn; k
 vkdkæ[kkvkadk euhlykæ/ ns[kks
 dS sygj k j gk mpk mpk
 p<xk ft/kj j kg fey tk, A

ge vk' kk dj rsgSfd ^[okfg' k* dsNnksdksi <ej vki dseu eaHkh [kd kh dk euhlykæ/
 ygj k mBxkA

vfurk fo' ukbz

bz kk i Hkkxkodj



Madhvika Bhardwaj
IInd BDS

epsl jdkj cukusnks

tks dRy fdI h dk dj nsk
 eamI dks cjh dj nsk
 gj f?kl h fiVh ghjkbZu dh
 iykLVd I tjh dj nsk
 yMe\$ yMeh v\$ yDpj
 I c fQYeh xkus xk, \$
 gj dkyst es I CtDV fQYe
 dk daYI jh dj nsk

fgLV^a v\$ chtxf.kr t\$ sfo"K; ka ij c\$u yxkus n\$
 cl ,d ckj] cl ,d ckj] epdks I jdkj cukus nka

tks fcYdy QDdM+g\$ mudks
 jk'ku m/kj ryok nsk
 tks ysk fi ; DdM+g\$ muds
 ?kj ea Bds [kyok nsk

I jdkjh vLirky eaftI
 jksh dksfey u I dk fclRj
 ?kj ml dh uCt Nwrs gh
 e\$,cy\$ fhktok nsk A

e\$ tul od gj epdks Hkh Fk&lk I k iq; dekus n\$
 cl ,d ckj] cl ,d ckj] epdks I jdkj cukus nka

Jkrk vki I ea eja dVa
 dfo; ka es QW ugha gskh
 dfo I Eesyu ea dHkh fdI h
 dh dfork gw ugh gskh
 dfo ds iR; d 'Kc ij tks
 rky; ka u [kydj ctk I d\$
 ,s seugh ka d\$ dfork
 I quus dh Nw ugh gskh A

tks cjs [k V usk g\$ mudks [k s ea tkus n\$
 cl ,d ckj] cl ,d ckj] epdks I jdkj cukus nka



& bZ.kk iHkxkdj

II B.D.S



ftm xh

ftm xh , d igyh gS
 ftl sge l y>k u ikrs gā
 dñ bl s gñ h [kñkñ dkVrs gā
 dñ nñk ea Mñdj ty tkrsgā A

vkrs gā bl nñu ; k ea jkñjks dj
 ek dh vkñkens dñk l s fudydj
 mQ] ; g jkñkñ (; g 'ñj
 ; gh l kñdj nñkrs gñ vñj A

py iMñ-thou ds jkñrs ij
 ekñkñfi kñ dk gñkñ Fñkñdj
 i<ñfy [k] [kñdj cMñ-gñs x, ge
 l iulñk cpiu ikñ dj pysge A

vk x ; k fl ij ftEñkñj ; kñ cMñ-u dk
 l e ; vk ; k [kñ & i l huk cñkñs dk]
 feydj l tk, ðs [kñ'k ; kñ ds eys
 fQj dñkñ u gñks vñsñs A

pkñ fñulñ ds egñku gñge
 fny dh jkñkñh gñs tk, xñ de]
 feñ ea fey tkrsgñ rc
 l kl : d tkñh gñs tc A

ftm xh , d igyh gS
 ftl sge l y>k u ikrs gā
 dñ bl s gñ h [kñkñ dkVrs gā
 dñ nñk ea Mñdj ty tkrsgā A



चैकि सध फतऱख

Hkoy jgk gSvkt tok; D; w
 glsk , d fnu og Hkh ckt-
 glsch NMt ml ds gkFk ea
 pyxk ols Hkh vk/kk cMk A

I kd yVdsch ml dls Hkh , d fnu
 , d dne u c<k ik, xk ml fnu
 vk[k vius vki ca gls yxsch
 fnu jkr ea cnyus yxach A

iñl y lsydj c& rd
 I c dñ rks geus fn; k Fk
 dñ de u yxs
 bl fy, bike ij Hkh cBk fn; k Fk
 ij ges D; k irk Fk
 ; s Hkh pki yñ h viuk, xs
 Double Seater bike ij
 Single gh fudy tk, xs A

ols fnu ge ugha Hkoy
 tc iS ka dh blgkous elx dh Fk
 gtkj rks dñ ugha nl gtkj ikdV euh nh Fk
 I kpk Fk gtkj ds yk[k dj ds fn[kyk, xs
 ij D; k irk Fk fl QZ vBUh gh ykV/k, xs A

ftmxh dks jyxNMt ij blga l okj fd; k Fk
 Confirmed Reservation ds l kFk Life Partner Hkh fn; k Fk
 ij ; s rks gekjs Hkh cki fudys
 ges Passenger MCCs es NM [kq
 1st class AC ea tk cBs

I kpk Fk gekjk uke jkku djxs
 c&ki s ea l kjs l d[k cks xs geus l kpk
 dgha vki I kprs er jguk
 Cadbury Chocolate dh txg
 fl QZ ykñhi km gh fnyok, xs
 vc rks xyrh gls xbZ
 vxyh ckj ugh glsch
 vxj vxys tle ea gls Hkh xbZ
 rks l cl s igys [kq [kñ gh glsch A

& jpy dkV/k
 II B.D.S



0; Fkk

fiã:js es i Ñh dh
 0; Fkk dls dkbZ
 tku uk l dkj
 dkbZ l e> uk l dkj
 tc dkbZ l e>k
 og dñ dj uk l dkj

ftUnxh ds pln yEga
 ; ðh fcrs tk jgs Fkš
 i Ñh vius l iuls ea gh
 [kks s tk jgs Fkš

l iuls ea gh mMus yxh Fkhj
 vius nkrka ds l kfk ?æus yxh Fkhj
 pkgr ris Fkh fd
 fiã:js l seã gks tk,
 dgha ylr gks tk,]

l cdh l; kjh Fkh
 fQj Hkh ?kyu Hkjh ftUnxh
 th jgh Fkhj
 gj rjQ mtkyk gkdj
 valks earMi jgh FkhA

ftUnxh ea vk; k
 ,d mMus dk ekšk ij]
 og mMek l dh
 l kgl dj mMek pkgk
 rc rd og mMek gh Hky pph FkhA



& bZkk i Hkøkodj
 II B.D.S

feydj jgks

tš sgh ped mBrk gš
 vkfnR; f{Krt+ds ikl A
 fpfM+k pgdrh gš
 l oE Nk tkrk gš izdk'AA

rkjka Hkj k fu'kk dk vkpy]
 u tkus dgk mM+ tkrk gš
 l qgjk vkHke; h vkpy]
 tkus dgk l s vkrk gšA

l kjs fogx mM+s tkrk gš
 nj&nj rd iãk il kjA
 dfy;k iVd&pVd tkrh gš
 l wZqkh f[ky & f[ky tkrk gšA

vkfnR; dh l rjxh fdj.kš
 l mšk nrh gšge l cdkA
 l kr jaks l sfeydj eaš
 pedk vš pedk; k l cdkAA

feyks vš feydj jgš
 ; gh thou dk vk/kj
 ; gh fl [kkrh izfr geš
 nsdj viuk l oLo cfynkuAA

& bZkk i Hkøkodj
 II B.D.S



gjh fepz

[kksdh est ij vkt , d
 yEch Njgjh gjh fepz
 vnk l s dej Vsk fd; s
 psjs ij ekl fe; r fy; s
 nj l s > kd jgh
 ekus dg jgh
 l yksh l d ekj gw
 tk; dk ns tkAakh
 vktek dj n f[k; s
 l nk ; kn vkAakh
 l; kj l s mBkbz
 maxfy; ka l s l gykbz
 gkBlk l s yxkbz
 tjk l h pldh [kkbA

i Nrk jgk gw cdkpj
 dgk l s i M+xbz utj
 l kpk l e > k l kjk
 lyku l ykll gks x; kA
 egtyh dks eg yxkuk
 egki ki gks x; k
 fpduk Njgjk l qj 'kjhj
 Hkrj Nq; s tgjcs rhj
 eg Qyk,
 nq mBk; s
 tgg [kpdh Fkh ogta eg cuk
 l keus vdmA i Mh gs
 dkg dks eg yxk; k
 xfj; kus ij vMh gA

vjs og rkegtyh fudyh
 Md ekj dj
 l kjk eg tyk xbz
 vka wcgk xbz
 ukh ; kn vk xba

eg ea vlx Hkj xbz
 etk fdjfdjk dj xbz
 viuh vdkj rks tkfgj gh dh
 utj fd; s ok; ns l s Hkh epj xba

& vuqk uk; d
 I B.D.S



chr x; k tksml sNk&Mks

chr x;k tks ml dks Nk&Mks
u, le; l sukrrk t&Mks
jkr <y x;h vc D;k l ksuk
vki l ds vc calku r&Mks

vc dk dke dy ij u Vkyks
djuk gks l ks vHkh l blkyks
vxys dy dks fd l us n[tk
x<+yks vHkh Hkkx; dh j[tk

nDkuka l s gkFk feykvks
ef' dy l su ?kjkoks
viuh fgEer dHkh u [ksuk
?kj&?kj cht iæ ds cksuk-



bUI ku

cuuk gS bUI ku vxj
; s ckr fny ea j [kuk ; knA
i Fk ds j&Mks dks gS gVkuuk
ekWZ viuk [kq gS cukuk
n[pu; k dh utjka ea viuk
gS vflRko fl) djkuA

v&Mkh vk, rQku vk,
fctyh dMds uHk ; scj l s
viuks dk l kFk N[ys
ugha V[uk--- vlxsc<uk pyrs tkuA

'kDr & cQ) h dk gkFk cVkrS
Hko & Hkkouk vka dks fuHkrS
l p] egur dh m[tyh idMds
c l kuk gS l a kj u; kA

thou y{k gks fojkV & vpy
i kyks vl dks vFkd] gks l Qy
pyks e[el] i qy[tk ds v[kj
cuks bUI ku] cuks bUI kuA



/kɪy

/kɪy gɪeʃ /kɪy gɪ
u fdl h dseu dk eʃ Qɪy gɪA

vk[ks ea iM+ tkÅ; rks fdj&fdjh cu tkÅ;
>ka d nks tkÅ; vk[ks ea rks /ks[ks dgykÅ;
gok l sfey tkÅ; rks vkdkh cutkÅ;

D; k ejh cl bruh l h dgkuh \
; k ejh dnz fdl h us u tkuh
ej ea pj.k /kɪy cu tkÅ; rks ekfks t<+ tkÅ;
l d; k l æ fey tkÅ; rks oks /kɪy dgaykÅ; A

ejh jt ea [ksy & [ksy l c cMs-gq]
ejh xkn ea ghj & eksh i l us i M;
D; ka Hkoy tkr 'kkL=h foosdkum vktkn dks
tksejh xkn ea [ksy & [ksy dj cMs-gq A

D; ka ur eLrd u gks sejs erokyks
ij & tks eʃ esU; kskoj gks rʃ kj [kMs-A

/kɪy gɪeʃ /kɪy gɪ
u fdl h daeu dk eʃ Qɪy gɪA

& vfurk fo'ukbZ
II B.D.S



l e;

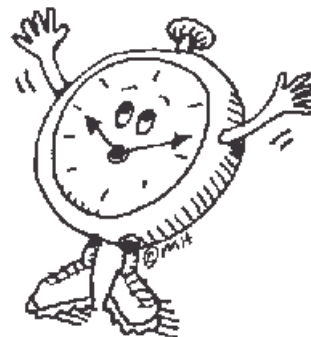
l e; dk l cl s dguk gʃ
thou pyrs jguk gʃ
bl dks er cjckn dj kʃ
l nk l e; dh ckr dj ks A

eLr gok; a xkrh gʃ
gedks jkg l e>krh gʃ
gj iy vkols c<ek gʃ
gj eʃ dy l syMek gSA

Qɪy l nʃ eʃ dks gʃ
gedks ; g l e>krh gʃ
thou gj l rs jguk gʃ
nʃ k Hkʃ l dʃ k Hkʃ l guk gSA

Åps ioʃ dgrs gʃ
gj ekʃ e ge l grs gʃ
rʃ dks Åij mBuk gʃ
ugh dHk Hk >ʃuk gʃA

dje gh ft l dh jhr gʃ
l R; l sft l dks i hr gʃ
vʃ eaml dh thr gʃ
l e; Hkʃ ml dk ehr gʃA



& T; kʃr plʃku
I B.D.S

nsnsckck okV

puko dk I ky gS
 I Rrk dk deky gS
 gj usk cgyky gS
 ikp I ky dk I oky gS
 ns ns ckck okV dk I oky gA

okV ns dh nSk [kqkgy cus
 gekjs [kks & ihus yk; d Hkky cus
 ftI I s vKj ekh gkekjh [kky cus
 tGk rjs?kj ea geskk jk/h nky cus
 rjh jkth jk/h rjsfy, tdky cus
 ge djMka ea [kys rwdakky cus
 rjh gkyr vKj Hkh QVs gky cus
 ySdu bl oDr rwl k{kr egdky gS
 ns ns ckck okV dk I oky gA

okV ns dh ikp I ky egg uk fn [kk, xs
 rwcgk, xk rks Hkh gjfxt uk vk; xs
 vius okna dh rjg gjfxt uk vk; xs
 viuh eu&ekuh ulfr; k; I s nSk dls pkyk; xs
 ySdu fQØ uk dj ikp I ky ckn fQj vk; xs
 ns ns ckckj okV dk I oky gA



& ykjsk yph
 II B.D.S

vkt vkj dy

,d iy dk ugha Hkjkl kj
;g lkl dc : d tk, A
fQj ru dj bruk D; kajguk
fd] thrs th Nw tk, l c A

ekuk rø cyoku gk
l {ke vkj /kuoku gks A
ij ;g pkj fnukadk [ksy gSA
fQj ru dj bruk D; ks jguk
fd] thrs th Nw tk, l c A

eryc ds lc ukr& fj'r
fQj Hkh gkrs gā lc vius A
viukadks rls l e>ks viuk A
ru dj bruk D; kajguk
fd] thrs th Nw tk, l c A

vkt nsukys u rēga fnl k gk
/ku] cy vkj ;'k A
dy og nsx vkj fdl h dks A
fQj ru dj bruk D; kajguk
fd] thrs th Nw tk, l c A



& fuezyk fo'ukbz
IV B.D.S



xfjch

,d fnu jkLrs ea eḡsfey xbz xjhch
 eḡs i Hk D;k gky gScMh chch
 dkQh fnu gks x, rḡga bḡM;k eḡ
 dḡḡ fnu ds fy, vi us ek; ds pyh tkvks
 fonḡk tkdj vi usekrk th lsfey vkvḡ
 xjhch ckyh
 ^bI nsk lsrks eḡk tle tle dk ukrk gS
 Hkyk ,d s Hk dkbz ?kj Nkḡdj trk gS
 fQj vkt dy eḡk uke rks
 pḡko thrus ea dke vkrk gḡ
 eḡ u jgḡk rks fd l s gVḡ, xS
 usk pḡko yMḡk gh Hky tk, xḡ
 fQj Hkḡjr rks eḡs ifr dk ?kj gS
 Hkḡh tokuh ea vkbz Fkḡ
 vc cḡkis ea dgḡ tkḡxḡ**
 ;kn j [kḡ
 xjhch ,d ifrork l fr gḡ
 fd l h ds gvks l s uḡra gv ik, xḡ
 Mkyh ea l okj gḡdj vkbz Fkḡ
 vFkḡ ij l okj gḡdj tk, xḡ

& vḡyḡ ;kno
 IV B.D.S



vfHkyk"kk

ftUnxh : Bh uḡra bruh vHk eḡ l ḡ
 tks vi us gkFkḡ l s xyk eḡ bl dk nck l dḡ
 eḡjcku ekḡ ij vHk bruk Hkḡ uḡḡ
 nkeu tks rḡk Nkḡ+l k, ea bl ds tk l dḡḡ

jḡt 'ks bruh uḡra vHk rḡs c<kbḡ
 tks u rḡs nj is dHkḡ vk tk l dḡ
 vc Hkḡ vtḡt rḡgh gS yseku eḡh tkḡ
 ,d ckj ikḡ vk eḡ xys l s yxk l dḡḡ

eḡ dks uḡra gS 'kḡḡl egfQys ;kj dkḡ
 rugk vk;k Fkḡ ;gḡ l s rugk tk l dḡ
 fj 'rs tgḡ ds l kFk Hkys gh u jgs dkḡḡ
 vi uh xḡḡkj 'k gS fd dḡḡ rḡ l s fuHkḡ l dḡḡ

vj l k xḡḡkj gS eḡs rḡs blr tkj eḡ
 ns ,d rks yEgk tks rḡs l x fcrk l dḡ
 : [kl r tc gḡk gh gS fQj bruh Hkḡ D;k tYḡḡ
 ys feVḡ l kḡk fxyk tks dHkḡ ;kn vk l dḡḡ

& bzkk i Hkḡḡkḡdj
 II B.D.S



n¶rj dk ckcw

n¶rj dk ckcwejk
 I h/kk ujd ea tk fxjk
 u rks ml s dkbZ n¶k gqvk
 uk gh oks ?kcjk; k
 ; ka [kqkh ea >ædj fpYyk; k
 ^okg okg D; k 0; oLFkk g\$ D; k I fp/kk g\$
 D; k 'kku gâ ujd ds fuekZrk rwdruk egku gâ

vkj[kka ea Økëk fy; s; ejkt izdV gg
 cky\$ uknu n¶k vk\$ iHvk dk
 ; g d"Vdjh nyny Hkh
 ræ's 'kkunj utj vk jgk g\$
 ckcwus dgk]
 ^ekQ dja ; ejkt A
 vki 'kk; n ugha tkurs
 fd cmk I h/kk fgmqrku Is vk jgk gâ A

& DyjUl Mk; I
 II B.D.S



gkj ugh gkrh

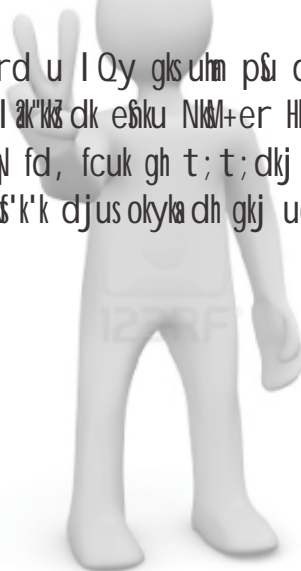
ygjka Is Mj dj ukëk ikj ugha gkrh
 dkë'k'k djus okyka dh gjk ugha gkrh
 ulgh phh tc nkuk ysdj pyr h g\$
 p<æh nhokjka ij I k\$ckj fQl yrh g\$A

eu dk fo'okl jxks ea I kgl Hkjr k g\$
 p<æj fxjuk p<æk u v[kjrk g\$
 vkf[kj ml dh esgur cækj ugh gkrh
 dkë'k'k djus okyks dh gjk ugha gkrh A

Mæfd; ka fl ækq es xkrk[kkj yxkrk g\$
 tk tkdj [kkyh gkFk yk\$ vkrk g\$
 feyrsu I gt gh eksh xgjs ikuh ea
 c<æk nuuk mRl kg bl h g\$kuh ea A

eBh ml dh [kkyh gj ckj ugha gkrh
 dkë'k'k djus okyks dh gjk ugha gkrh
 vl Qyrk , d pæksh g\$ & Lohdkj djks
 D; k dhkh jg xbZ n\$ks vk\$ I ækj djka

tc rd u I Qy gks umh p\$u dks R; kxks ræ
 I æk'kë dk esku Nk&+er Hkxks ræ
 dN fd, fcuk gh t; t; dkj ugh gkrh
 dkë'k'k djus okyka dh gjk ugh gkrh A



& vfurk fo'ukbZ
 II B.D.S

Nks/k i M+x; k 'kCndkSk

ifo= jkek; .k dh jke Lrfir]
 Jh xdk I kfgc dh ^vkl k nh ohj*
 ikd djku dk Qfrgk
 vksj Hkxor xhrk dk xhrkl kj A

dchj ds nksj}
 xkfyk dk dyke
 okgsq] jke] jghe I k ikou
 bd v{kj dk ml dk uke A

fgeky; dh Apkb]
 izkar dh xgjk]
 xakk ty I h ikou]
 iq; delā dh delbZA

ghjs I k etcw ān;]
 fi?kys eke I s Hkh igy}
 jgs [kq'k; k; cj I rh ge ij]
 nqk I c yrh vius Aj A

bl fy, 'kk; n bUoj Hkh dHkh&dHkh
 jgrk gSmnkl] D; kkd]
 eerK Hkjs ml vky dh Nk; k]
 gSugh ml vtles ds ikl A

cgir dN dgrk gS I tns ea ml d}
 ij jg tkrk gw [kksk]
 ^ek' dks ifjHk'kr djrs & djr}
 Nks/k i M+x; k 'kCndkSk A

& vfurk fo'ukbZ
 II B.D.S

Qnykadk I anS k

gil & gil dgrs gS; s Qny A
 pkjls vksj gekjs 'ny AA

fQj Hkh ge I qdkrs gSA
 [kqkh & [kqkh bBykrs gā AA
 dHkh ugha ?kcj krs gā A
 Hkys I e; gkws ifrdny AA
 gil & gil dgrs gS; s Qny AA

Hkjs ge dks xhr I qkrs A
 e/kj & e/kj jI ge I s i krs AA
 jx & fcjxh frryh k dj A
 I qk i krh gS gels >ny AA
 gil & gil dgrs gS; s Qny AA

d"Vka I a rē er ?kcj k vls A
 gil & gil ft; ks vksj e qdk vls AA
 I cds ifr iē fn [kyk vls A
 HksHko I c tkvls Hky AA
 gil & gil dgrs gS; s Qny AA

& vfurk fo'ukbZ
 II B.D.S

